NEWSIETTED

EWSLETTER | BULLETIN

## ADDICTION MEDICINE PROGRAM COMMITTEE SUMMER 2015

#### **CPD OPPORTUNITIES**

Ontario College of Family Medicine
(OCFP), Medical mentoring in
Addiction and Pain (MMAP) network

Atlantic Mentorship Network for Pain and Addiction

# UPCOMING CONFERENCES/MEETINGS

November 12–14, 2015: Canadian
Society of Addiction Medicine XXV
Annual Meeting & Scientific
Conference 2015, Banff, AB
Including Fundamentals of Addiction
Medicine, a full-day primer/review
course on November 12<sup>th</sup>

November 11–14, 2015: Family Medicine Forum, Toronto, ON

Various presentations and workshops related to addiction medicine including youth concurrent disorders, medical marijuana, pregnancy and chemical dependence, and alcohol use disorders

November 16–18, 2015: Canadian
Centre for Substance Abuse (CCSA)
Conference, Montreal, QC Issues of
Substance Conference

November 18, 2015, 2–5 pm EST: Technologies for Implementing Alcohol SBIR in Primary Health Care Greetings Addiction Medicine Program members!!!!

We, the members of the AM Program Committee, hope that you have had a pleasant and restful summer.

We have some exciting updates to share with you:

 The spring announcement by Dr Francine Lemire, Executive Director and CEO of the CFPC, for the development of a Certificate of Added Competence (CAC) in Addiction Medicine

## https://www.youtube.com/watch?v=0oEbAyWqAco&feature=youtu.be

We are excited about the opportunity to develop a certification stream for family physicians to increase their competence in the broad scope of addiction medicine care. The need for enhanced clinical skills in delivering care to patients and communities with alcohol and substance use, misuse, and disorders is critical. Across the country, we are seeing the effects of prescription opioid over-prescribing and diversion for recreational use and the impact of opioid dependence including overdose-related deaths. In the meantime, alcohol remains the most common substance of use and abuse. Alcohol-related morbidity and mortality continues to have a huge impact for our patients, their families, and the health care system. Marijuana use for recreational purposes is a ubiquitous issue for adolescents and youth and leads to many office visits by young people and their concerned parents. The recently legislated prescribing of dried cannabis is a new challenge for our members. Tobacco smoking cessation remains a major individual patient and public health issue. Other substance and behavioural addictions also present in our offices. The co-occurrence of mental health issues continues to increase the complexity of patient care in family medicine.

Our Committee believes that a CAC in Addiction Medicine will provide the opportunity for practicing physicians who face a community need or those with an interest in addiction medicine, to enhance their skills. The CAC will also offer the opportunity for academic and community physicians involved in resident training to provide enhanced education in addiction medicine for our future practising physicians.

We are now awaiting the invitation to form a working committee for the development of the CAC in Addiction Medicine. We foresee a group of

COMMUNITIES OF PRACTICE IN FAMILY MEDICINE COMMUNAUTÉS DE PRATIQUE EN MÉDECINE DE FAMILLE



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## **TOOLS FOR PRACTICE**

Authorizing Dried Cannabis for Chronic Pain and Anxiety: Preliminary Guidance, September 2014, CFPC

Alcohol Screening, Brief Intervention, & Referral: Helping patients reduce alcohol-related risks

Canada's Low-Risk Alcohol Drinking Guidelines

<u>Canadian Journal of Addiction,</u> <u>Canadian Society of Addiction</u> Medicine (CSAM)

Canadian Guideline for Safe and
Effective Use of Opioids for Chronic
Non-Cancer Pain

## **COMMITTEE MEMBERS**

Dr Sharon Cirone, Chair
Dr Niloofer Baria, BC/AB
Dr Peter Butt, SK/MB
Dr Kingsley Watts, ON
Dr David Luckow, QC
Dr John Fraser, Atlantic Canada
Dr Eric Cattoni, Resident Rep
Dr Yelena Chorny, First Five Years in
Practice
Dr Mel Kahan, Key Area of Expertise—
Education

#### **CFPC STAFF**

Dr Lisa Lefebvre, Observer, Canadian

Dr Victor Ng, Physician Advisor Ms Lily Oeur, Manager, Practice Support Programs Ms Maureen Desmarais, CPFM Program Coordinator

Society of Addiction Medicine

family physicians from both comprehensive care and focused practices and with representation from across the country, both rural and urban, to be involved with the working group and with the subcommittees that will most certainly arise. Anyone interested in involvement with the CAC development please contact me by email at addictionmedicine@cfpc.ca.

## 2. FMF 2015 - Toronto, ON

The Addiction Medicine Program hosts a half day on Friday, November 13, 2015, on various topics including primary care approaches to youth alcohol and substance use, primary care approaches to alcohol use disorders, primary care management of benzodiazepine use and misuse, and opioid use disorders.

A collaborative Mental Health and Addictions Networking Breakfast on Concurrent Disorders in Family Practice will be held on Thursday, November 12, 2015, from 07:00 to 08:00.

Other workshops include:

Pan-Canadian Models of Care for Pregnant Substance-Using Women: Primary care—based approach Session # T101345, Thursday, November 12, 2015, from 11:15 to 12:15

Concurrent Disorders in Youth Session # T102616, Thursday, November 12, 2015, from 15:15 to 17:00

Reefer Madness From Cradle to Grave: Considering medical marijuana Session # F101343, Friday, November 13, 2015, from 15:15 to 16:15

Pre-conference course: Pain and Addiction Primer Wednesday, November 11, 2015, from 08:00 to 16:00

We look forward to seeing many of you at FMF and welcome any correspondence or involvement in the program.

Sincerely, Sharon Cirone, MD, CCFP Chair