

NEWFOUNDLAND AND LABRADOR COLLEGE OF FAMILY PHYSICIANS



LE COLLÈGE DES MÉDECINS DE FAMILLE DE TERRE-NEUVE-ET-LABRADOR

A CHAPTER OF THE COLLEGE OF FAMILY PHYSICIANS OF CANADA
UNE SECTION DU COLLÈGE DES MÉDECINS DE FAMILLE DU CANADA

# **FAMILY PHYSICIAN OF THE YEAR AWARD**

Canada's Family Physicians of the Year – The Reg L. Perkin Award Since 1972, the CFPC and the Foundation for Advancing Family Medicine have honoured family physician members who exemplify the guiding principles of family medicine. Since 2002, 10 family physicians have been recognized annually—one representing each CFPC Chapter at FMF.

Canada's FPOYs are chosen by their peers, other health care colleagues, and community leaders for:

- Providing exceptional care to their patients
- Making meaningful contributions to the health and well-being of their communities
- Dedicating themselves as researchers and educators of future generations of family doctors

# 2022 NLCFP Family Physician of Year Award Recipient Dr. Jared Butler, Grand Falls-Windsor



Jared is a Family and Sports medicine Physician in his home town of Grand Falls-Windsor, NL, with the Central Regional Health Authority. He completed his Bachelor of Science in Biology with Chemistry from Acadia University in 1998 and a Master of Science in Tumor Immunology from Dalhousie University in 2001.

He graduated from the University of Dublin - Trinity College in 2008 with a Bachelor of Medicine, a Bachelor in the Art of Obstetrics, a Bachelor of Surgery, and a Bachelor of Arts degrees. He completed residency in Family Medicine in 2010 from Memorial University.

Jared has served as the Acting Vice President of Medical Services and currently sits as the Medical Director of Primary Care for Central Health, the Chair of the Shalloway Family Practice Network, and the Chair of the Family, Medical Section for the NLMA. In these roles, he has worked to improve Family Medicine and Primary Care, overseeing the implementation of new and innovative programming including virtual emergency rooms and the Health Hub program to name a few, while advocating on behalf of Family Physicians. He believes in connecting people and programming to improve healthcare and health outcomes. Jared is a member of the International Virtual Care Community of Practice and is embarking on a new program for physician retention. Jared enjoys working with medical learners at all levels in both his Family and Sports Medicine clinics. He believes in fostering the growth of young leaders and is a strong advocate for their engagement in an evolving health care system. His research focus is on innovative primary care programming, rural medicine, and recruitment and retention.

When not practicing medicine, Jared is the President and Chief Medical Officer for Hockey NL, the Medical Advisor for Ball Hockey Canada and Basketball NL, and serves on several communities Boards. Jared has spearheaded Concussion Safety education across the province. He is an advocate for gender equity and for inclusion, and is a proud supporter of grass roots programming for women and children in need.

Jared has received the 2022 Sport Newfoundland and Labrador Volunteer of the Year Award, The President's Award and Golden Stick Award from Hockey NL, and is a member of the 2017 Allan Cup National Senior Men's Hockey Championship winning Grand Falls-Windsor Cataracts.

Jared is married to his amazing, understanding, and highly tolerant wife, Amy Drummond. They have three beautiful little dogs (terrors) – Lando, Lily, and Mandi – and are the proud Aunt and Uncle to seven (7) nieces and nephews.

### **AWARDS OF EXCELLENCE**

This award was created as a way for the College to recognize at the national level family physicians who are meritorious and recognized at the provincial Chapter level. There are up to two recipients annually.

The Awards of Excellence recognize CFPC members who, in the past 12 to 24 months, have made outstanding contributions to one or more of the following areas:

- Patient care
- Community service
- Hospital or health care institutions
- College activities (National and Chapter)
- Teaching, research, or other elements of the discipline of family medicine

# 2022 NLCFP Awards Of Excellence Recipients Dr. Desmond Whalen, Grand Fall-Windsor



Desmond is a Staff Emergency and Family Physician with Central and Eastern Health Authorities. His practice includes emergency medicine, low risk obstetrics, and medical administration. He completed a Bachelor of Science (Honours) in Biology and Neurosciences prior to receiving his Medical Degree from Memorial University. He completed a residency in Family Medicine in 2019, and his Emergency Medicine Residency in 2020.

He has held administrative roles with Central Health as the clinical chief of Category B Rural Emergency Medicine, Family Medicine, and Emergency Medicine, all of which have included developments in the use of virtual care for rural emergencies. He has been the Vice President of Medical Services (acting) for Central Health. Clinically, he practices full-time emergency medicine, with integration of prenatal care and low risk-obstetrics and deliveries.

Desmond works with medical learners at the undergraduate and postgraduate level in both the emergency department and case room during clinical teaching. His research has largely focused on rural medicine, simulation, and rural recruitment and retention.

Outside of medicine, Desmond is the vice-chair of the Chapter Advisory Board for Make-A-Wish NL, serves as the treasurer of the Shalloway Family Practice Network, and is a member of the Board of Directors of the Labrador Island Link Operating Corporation, a subsidiary of NL Hydro (formerly Nalcor Energy).

Desmond has received the Canadian Medical Hall of Fame Award, The Queen's Diamond Jubilee Medal, and The Canada 150 Senate Medal.



# 2022 NLCFP Awards Of Excellence Recipients Dr. Lyn Power Burin



Lyn is a Family Doctor in Burin, NL. She has a passion for rural medicine, especially longitudinal training both in undergrad and postgrad. She loves to encourage and mentor learners to become teachers. As the Rural Site Clinical Chief for the Burin Peninsula with Eastern Health she is engaged in recruitment and retention and sees mentoring new staff as a key part of that role.

She considers herself a lifelong learner and is completing her Masters of Post Secondary Education. As the UG Director for FM at MUN she has opportunity to engage with medical students and preceptors. Her clinical work includes broad scope community FM and hospital based service.

She is a proud mom of 3 boys and is often found cheering them on at some sporting venue. For fun, she loves to play piano, hike, canoe, travel, and play sports with her husband John and their sons Liam, Shaemus & Simon.



# AWARDS OF RECOGNITION

This award was created as a way for the NLCFP Board can nominate and acknowledge an individual or organization.

This Award recognizes an individual or organization who has shown a special contribution to Family Medicine in Newfoundland and Labrador.

# **2022 NLCFP Awards Of Recognition Recipients**



Dr. Shanda Slipp Corner Brook



Dr. Kerry Lynn Williams Goose Bay

Dr. Shanda Slipp is a community family physician in Corner Brook, where she has been practicing since 2016. After completing her medical degree in 2007 and Family Medicine residency training in 2009 at Memorial University, she worked in St. John's, Twillingate, and in the Family Medicine departments of the University of Calgary and Queen's University, before moving back to Newfoundland in 2015.

She was Chair of the Long Range Family Practice Network from 2017-2020, and continues to serve on the board. She is a cabinet member of the Western Stream FM residency program and was the recipient of the Dr. Yong Kee Jeon Award for 2019 from the Memorial University Discipline of Family Medicine.

From 2020-2022 she chaired the Community Care Committee for HealthAccordNL and served on the Task Force.

Dr. Kerry-Lynn Williams is a broad scope rural generalist/family physician practicing in Happy Valley-Goose Bay. She obtained her MD from Memorial in 2018 and completed her family medicine residency in the NorFam stream. Her practice includes ER, low-risk obstetrics, hospitalist, outpatient clinic, OR assist, coastal coverage, and medical evacuation. She has special interests in simulation-based medical education, flight medicine, and rural critical care. Dr. Williams has been living and working in Goose Bay for the past 3 years and enjoys life in Labrador - especially skiing, snowmobiling, fishing, and hiking.

Dr. Williams is currently the GFT in the NorFam (northern) Residency Stream of Memorial's Family Medicine Residency Training Program where she leads their simulation program. She is also interim rural family medicine clerkship lead.

# THE MOHAMED RAVALIA IMG AWARD

This award recognizes excellence in an International Medical Graduate physician who has committed themselves to becoming a respected member and leader of their local and medical community, by upholding the College of Family Physicians of Canada principles of Family Medicine.

Criteria: Recipients must meet one or more of the following:

- Demonstrate distinguished leadership as members of the community, showing commitment above and beyond the usual responsibilities of a family physician.
- Committed to quality patient care through their leadership, and demonstrate a unique ability to guide and inspire others.
- Build strong relationships that support a high level of trust and credibility.
- Work effectively with others to enhance various health-related priorities in their communities.
- Exhibit a strong commitment to enhancing the understanding and value of the role of family physicians in Newfoundland and Labrador.



# 2022 NLCFP Mohamed Ravalia IMG Award Recipient Dr. Yordan Karaiyanov

Dr. Karaivanov has been working in Goose Bay for more than twenty years. He practices full scope Family Medicine, including Emergency Medicine and Obstetrics.

He has been teaching residents for many years, recently became Associate Clinical Professor at the Family Medicine Residency Program at MUN.

Yordan was one of the first IMG presidents of the NLMA, and has been on the boards of the CFPC and CMA.



# THE NLCFP FAMILY MEDICINE RESIDENT AWARD

This award recognizes a MUN Family Medicine Resident who stands out above other residents as per criteria:

Practices or demonstrates one or more of the following:

- Kindness, thoughfulness and good communications skills with peers and patients
- Professionalism in daily work
- Exceptional Teacher
- Exceptional Leadership Skills



# 2022 NLCFP Family Medicine Resident Award Recipient Dr. Taylor Anderson

Dr. Taylor Anderson is originally from Harbour Grace, NL. Dr. Anderson graduated from MUN Medicine in 2020 and then completed her family medicine residency training in the Western Stream.

Dr. Anderson is now getting settled in her new practice with her partner (and their dog Truffle) in Bay Roberts, NL.

# 2022 MEDICAL STUDENT ORATION AWARD

The Newfoundland and Labrador Chapter of the College of Family Physicians awards a medical student \$500 to write a 500 word essay on a topic chosen by the NL CFP Board. Each year we receive excellent essays which are reviewed and voted on by the NL CFP Board. The winner of this award is invited to attend the Celebration of Family Medicine, and read his/her essay.

This year the essay topic was: "What would entice you to apply to MUN Family Medicine and stay and practice in Newfoundland and Labrador?"

# 2022 NLCFP Medical Student Oration Award Recipient Ms. Carla Penney



Carla Penney (she/her) is a third-year medical student from Holyrood, NL.

She holds a Bachelor of Science Honours in Biology (Cell/Molecular) and a Master of Science in Medicine (Clinical Epidemiology) from Memorial University of Newfoundland.

She is hoping to pursue a Family Medicine residency with a focus in low-risk obstetrics when she graduates from MUN Medicine.



# MY NL FAMILY DOCTOR AWARD

This is a new award created by the NL CFP that is patient-nominated.

This award celebrates the unique patient-doctor relationship by providing the people of Newfoundland and Labrador with the opportunity to recognize and honor their family doctor.

### Criteria:

A compelling story about your family doctor in 500 words or less. Please include:

- what makes your family doctor exceptional to you and/or others how your family doctor has impacted your life or that of
- someone close to you
- a description of your relationship with your family doctor
- the number of years during which you have been a patient of this family doctor

# 2022 NLCFP My NL Family Doctor Award Recipient Dr. Debbie Callahan-Dyer



Dr. Deborah Callahan Dyer ("Dr. Debbie" to many of her patients) recently retired from Major's Path Family Practice after 38 years in practice. She graduated from MUN Medical School in 1982. In addition to caring for many patients over the years (some of which were with her since she began practice), she was also a Medical Council of Canada Examiner for several years. During her career, she also enjoyed working at the After Hours Clinic in St John's until its closure.

As a Clinical Assistant Professor of Family Medicine through Memorial University, Dr. Callahan Dyer had many Residents rotate with her over the past 10 years. One of the highlights from her career was being a preceptor for these Family Medicine Residents.

She thoroughly enjoyed teaching and imparting her experience, however she felt she equally learned so much from the Residents.

Recently, Dr. Callahan Dyer celebrated her 40th Medical School reunion at Memorial University with former classmates.

She has started her retirement off with a trip to Italy and France with her husband. She is also looking forward to having more time to visit her daughters in Montreal and London, UK. In addition to traveling, she is planning to spend her retirement doing her favourite activities: baking, hiking, and spending time with her new puppy, Buddy.



# FAMILY PRACTICE RENEWAL PROGRAM

The Family Practice Renewal Program (FPRP) and Family Practice Networks (FPNs) would like to recognize the contribution of our founding Management Committee and FPN Board members. The collective efforts of these family physicians have yielded significant progress to the practice of family medicine in the province Newfoundland and Labrador, and indeed to primary health care renewal generally. Their active and passionate leadership has made an invaluable contribution to building the program's foundation and vision. We honor these founding members for their commitment and indelible impact on the future of family medicine in Newfoundland and Labrador.

#### **Family Practice Renewal Committee:**

Dr. Wendy Graham, Port aux Basques Dr. Annette McCarthy, Bay Bulls Dr. Stephen Major, St. John's



#### Founding board for Long Range FPN:

Dr. Tim Griffin

Dr. Wendy Graham

Dr. Jim Bowen

Dr. Mark Smallwood

Dr. Dave Thomas

Dr. Amy Pieroway

Dr. Paula Cooper

Dr. Shanda Slipp



### Founding Board for RE-Boot FPN:

Dr. Jackie Elliott, Chair
Dr. Megan Hayes, Vice-Chair
Dr. Annabeth Loveys, Treasurer
Dr. Erin FitzPatrick
Dr. David Kwinter
Dr. Chris Peddle
Dr. Sarah Small
Dr. Gordon Stockwell



### Founding Board for Endeavor FPN:

Dr. Heather Cuddy
Dr. Francisco Acevedo
Dr. Laura Fitzgerald
Dr. Annette McCarthy
Dr. Katie Saunders
Dr. Paul Jackman
Dr. Sonny Collis
Dr. Maureen Gibbons



### Founding Board for Shalloway FPN:

Dr. Carmel Casey
Dr. Raie Lene Kirby
Dr. Jared Butler
Dr. Robert Butler
Dr. Wayne Collins
Dr. Mohammed Ravalia
Dr. Jody Wolfrey
Dr. Helen Bruce
Dr. Hendrick Francois De Wet

### **CCFP DESIGNATION**

CCFP stands for Certification in the College of Family Physicians. It is the professional designation of certified family physicians in Canada.

CCFP certification means that your family physician has met and continues to meet the College of Family Physicians of Canada's high standards for medical education and training.

We attain our certification after graduating from medical school, completing family medicine residency, and then taking certification examinations. Or, as practising physicians we may earn certification through a combination of approved training and practice experience.

We maintain our CCFP standing by continuing to be members of the College of Family Physicians of Canada and fulfilling the College's maintenance of certification requirements. We do this by participating in continuing professional development that is approved and accredited by the College of Family Physicians of Canada.

### FELLOWSHIP IN THE COLLEGE OF FAMILY PHYSICIANS OF CANADA

The CFPC awards the Fellowship designation (FCFP) to those who have been awarded Certification in the College of Family Physicians (CCFP) and who distinguish themselves through outstanding contribution to their communities, their colleagues, and the discipline of family medicine.

The Fellowship journey starts with Certification and incorporates the lifelong learning process. Fellowship is considered a value of membership and will be bestowed for life as long as the member remains in good standing with the College.

# **CONGRATULATIONS TO OUR 2022 NL FELLOWS:**

Dr. Susan Avery

Dr. Neil Cheeseman

Dr. Bruce Hollett

**Dr. Andrew Hunt** 

Dr. Margo Wilson

