



# **2023 NL College of Family Physicians Family Medicine Conference Terra Nova Golf Resort October 13-15**



## **Friday, October 13**

### **Health Implications of Foraging in NL**

(With Tasty NL Mushrooms Prepared by Lori McCarthy)

2:30 - 4:30pm (outside CPD)

### **Family Docs Rock the Rock - Karaoke Night**

6:00 - 11:30pm

Mulligan's Pub, Terra Nova Golf Resort

## **Saturday, October 14**

### **Family Medicine Conference**

7:45am to 5:00pm

### **Celebration of Family Medicine**

Cocktails 6:00pm, Dinner 7:00pm

*Co-sponsored by Family Practice Renewal Program*

## **Sunday, October 15**

### **Family Medicine Conference**

8:00am to 12:30pm

**This Group Learning Learning program has been certified by the  
College of Family Physicians and the NL Chapter  
for up to 11 Mainpro+ credits.**

# **REGISTRATION**

**(Sign in for this event - Meet in Resort Lobby at 2:15pm)**

## **Friday, October 13 Terra Nova Golf Resort**

### **Health Implications of Foraging in NL (With Tasty NL Mushrooms Prepared by Lori McCarthy)**

2:30 - 4:30pm  
(Outdoor Learning)

#### **Speakers:**

Lori McCarthy - Food Culture Place  
Dr. Shane Stratton, Family & Emergency Medicine  
Dr. Chris Patey, Family & Emergency Medicine, Moderator

### **Family Docs Rock the Rock - Karaoke Night**

**6:00 - 11:30pm**  
Mulligan's Pub  
Terra Nova Golf Resort





# *Family Docs Rock the Rock*

**IT'S NACHO AND WING NIGHT AT  
MULLIGAN'S PUB, TERRA NOVA GOLF RESORT  
FRIDAY, OCTOBER 13, 2023  
6:00PM - 11:30PM  
MUSIC, FOOD AND FRIENDS!**

**Join your colleagues  
and cheer on your team!**

## **Karaoke Competition**

**Please contact Debbie to enter your Team**

**\*Name of Team**

**\*Song Selection**



TIME	SESSION	FACILITATOR
7:45 - 8:30am	Registration & Continental Breakfast	
8:30 - 8:45am	Welcome & Land Acknowledgement	Dr. Chris Patey, President, NLCFP Dr. Wendy Graham, President-Elect, NLCFP
8:45 - 9:00am	Greetings from National CFPC	Dr. Christie Newton President, National CFPC
9:00 - 10:00am	Reflections of Past Practices and Opportunities for the Future	<b>Keynote Speaker</b> Dr. Michael Jong Family Physician, Goose Bay
10:00 - 10:45am	Managing Fibromyalgia / Central Sensitization Syndrome - What's New and What's Old	Dr. Lydia Hatcher Family Physician, St. John's
10:45 - 11:10am	Nutrition Break *Co-Sponsored by Family Practice Renewal Program	
11:15 - 12:45pm	Panel Discussion Physician Leadership for Team-based Care: Finding Your Fit Within the Team	<b>Moderator:</b> Ian Hodder, FPRP <b>Panel:</b> Dr. Annabeth Loveys, RE-Boot FPN Dr. Alysha Mehta, Endeavor FPN Dr. Paula Cooper - Long Range FPN Dr. Dawn Turner - Shalloway FPN Heather Mullen - Health Policy Analyst, CFPC
12:45 - 1:45pm	LUNCH	
1:45 - 2:45pm	Reducing Medical Risk in Family Medicine	Dr. Katherine Lariviere CMPA
2:45 - 3:30pm	The CryptKeeper: Tales from the Psychiatry Waitlist Crypt	Dr. Katie Barnes Prior Psychiatrist, Grand Falls-Windsor
3:30 - 3:45pm	Stretch Break	
3:45 - 4:30pm	Emotional Fallout: Dealing with Difficult Cases	Dr. Sarah Mathieson Emergency Room Family Physician, St. John's
4:30 - 5:00pm	Family Medicine Section Meeting Newfoundland and Labrador Medical Association	Gertie Mai Muise Executive Director, NLMA Dr. Nicole Stockley Chair, NLCFP Director of External Engagement





# **Celebration of Family Medicine**

**Saturday, October 14, 2023**

Terra Nova Golf Resort

(Business Casual)

**Cocktails at 6:00PM**

**Dinner and Presentations at 7:00PM**

Cash Bar

One complimentary ticket included with each paid registration.

Contact Debbie for extra tickets.

Special thanks to the Family Practice Renewal Program  
for co-sponsoring this event!

TIME	SESSION	FACILITATOR
8:00 – 8:45am	Continental Breakfast	
8:50 – 9:00am	Welcome & Introduction	Dr. Wendy Graham, President, NLCFP Dr. Chris Patey, Past-President, NLCFP
9:00 - 10:00am	What it means to be an International Medical Doctor in Newfoundland and Labrador?	Dr. Elhamy Samak, Burgeo Dr. Hany Henein, Gander
10:00 – 10:45am	Neurology in Primary Care	Dr. Fraser Clift Neurologist, St. John's
10:45 – 11:00am	Stretch Break	
11:00 – 11:45am	Geriatric-Friendly Care - In Your Office, the ED, and Beyond	Dr. Kayla Furlong Emergency Room Family Physician, St. John's
11:45 - 12:30pm	Biologics in 30 Minutes	Dr. Shaina Goudie Rheumatologist, St. John's

**The NL College of Family Physicians would like  
to thank the following for supporting our  
2023 Family Medicine Conference**

*Thank  
you!*



**FAMILY PRACTICE  
RENEWAL PROGRAM**

**NL Government  
Department of Health  
and Community Services**



# Registration - 2023 FMC

**Please click registration link below:**

<http://events.constantcontact.com/register/event?llr=8na5ptzab&oeidk=a07ejwjbfo0323fac1b>

## **NLCFP Member**

\$460.00

## **Non-Member**

\$575.00

## **Resident**

\$230.00

***\*\*NLGOV Sponsorship - \$300 financial assistance to the first 20 FM Residents to register for the 2023 Family Medicine Conference. Please contact Debbie at [drideout@nlcfp.ca](mailto:drideout@nlcfp.ca) for further information. This will be on a first come, first serve basis.***

## **Medical Student**

\$115.00

***\*\*NLGOV Sponsorship - \$300 financial assistance to the first 30 MUN medical students to register for the 2023 Family Medicine Conference. Please contact Debbie at [drideout@nlcfp.ca](mailto:drideout@nlcfp.ca) for further information. This will be on a first come, first serve basis.***

## **Registration Includes:**

Friday - Outdoor Learning CPD & Family Docs Rock the Rock Event

Saturday - Family Medicine Conference, AMM & Celebration of Family Medicine

Sunday - Family Medicine Conference including International Medical Doctor Panel

**\*\*One ticket for each evening event is complimentary with the purchase of registration. Extra tickets can be purchased. (Celebration of Family Medicine Event - \$57.00 & Family Docs Rock the Rock Event - \$35)**

(HST Included in all Registration Fees & Extra Tickets for purchase)

## Questions?

**Debbie Rideout**

**Administrator**

NL College of Family Physicians

Email: [drideout@nlcfp.ca](mailto:drideout@nlcfp.ca)

C: 709-728-5268

# Accommodation information



**Terra Nova Resort & Golf Community**  
**terranovalgolfnl.com**  
**59 Muddy Brook Rd, Port Blandford NL A0C 2G0**  
**(709) 543-2525**