

OUR FAMILY DOCTOR NEWS

ISSUE 13 - APRIL 2024



Dr. Wendy Graham
President, NLCFP

There is so much going on around us while we work to care for patients, to keep them safe, and to manage chaos. We hear about (and experience) system challenges every day. I encourage you all to engage with your College, and with your Family Practice Network! For me, networking with colleagues who share the same passions during difficult times is so important for my professional well-being. While much of the CaRMS Residency Match is very disappointing for Family Medicine, I still meet medical students and residents who are passionate about Family Medicine. Having the 1st and 2nd year medical students visit our communities in the coming months is a breath of fresh air.

We must continue to advocate for a better future for our speciality, and I am thankful to Dr. Nicole Stockley who sits at many tables as the NLCFP Director of External Engagement, giving Family Medicine a voice. Please read what Nicole has been up to in her attached report.

I want to thank our Board of Directors for their ongoing commitment and work not only at the Board, but on various committees and new policies. Debbie has had another very busy winter and Spring as we partnered with the SRPC for an ALARM course and with the DHCS for a resident event during Core Content. Thank you Debbie for all you do! I was disappointed that winter weather meant the cancellation of a 'Fridays with Family' event with the medical students. We continue to work with the Family Medicine Interest Group to plan future events.

I attended the Atlantic Canada Patients Medical Home Symposium and the signing of the recent Provincial/Federal Bilateral Agreement to improve Health Care Over Three Years. I encourage you to read the plan.

Let's continue to speak our truth. For me, my local mayor and MHA have always welcomed my input. I look forward to meeting with them soon when we discuss Family Care Teams. I encourage you all to use your voices and contacts to advocate not only for our patients – but for us!

Thank you to all of you for everything you do each day. It means so much. Please reach out any time to me directly at wendy.graham@med.mun.ca

Kindly,

Wendy Graham

THANK YOU



Dr. Nicole Stockley

Director of External Engagement, NLCFP

DEE Update

Just as a reminder, the role of the Director of External Engagement (DEE) is to sit on a variety of committees as a representative of the NL College of Family Physicians (NLCFP) and, more importantly, as a representative for NL family physicians. Here is an update on my most notable recent activities:

- **Family Care Teams** – The NLCFP continues to increase its involvement with the creation and implementation of Family Care Teams (FCT) across the province. Presently, we are engaged through our roles with the Family Care Team Resource Hub Advisory Committee, the Family Practice Renewal Committee, our strong relationships with the Family Practice Networks, and our seat at the Premier's Table on Community Care. We are also seeking integration into the FCT governance structure which is still under development. Additionally, in January we attended the Atlantic Canada Patients Medical Home (PMH) Symposium in Halifax, hosted by the College of Family Physicians of Canada. This one-day event had numerous representatives from NL, including the NLCFP, NLMA, FPRP/FPNs, NLHS, and the Government of NL, and provided an excellent opportunity to discuss the plan for FCTs in NL, and to learn about the successes and challenges of PMH/FCT development in the other Atlantic provinces.
- **Team Primary Care Nursing Summit** – A unique opportunity, I was asked to attend the Team Primary Care Nursing Summit in St. John's this past February. This event saw nurses (RNs) from across Canada, and several other countries, come together to discuss the importance of Primary Care. It was fascinating to learn that many of the struggles we see in promoting Primary Care in medicine are reflected almost identically in nursing. Fruitful discussions took place on how we can better support one another.
- **NL Support and QCNL Oversight Committee** – The Canadian Institutes of Health Research's Strategy for Patient-Oriented Research is currently undergoing a "refresh" to identify various strengths and opportunities. I was asked to participate in several of these "refresh" meetings, both at the Provincial and National level. At these tables I was often the only Family Physician representative, and I felt our perspective was very much valued. I took the opportunity to link positive patient outcomes to strong primary care, as well as the integral role that Family Physicians play in all aspects of patient health, and the health care system. Locally, I continue to assist QCNL in improving its direct engagement with Family Physicians across the province.
- **2024 R-1 Main Residency Match** – We are aware of the concerns regarding the recent match results, which are reflected both in the numerous unfilled Memorial University Family Medicine residency seats, as well as the low number of matches to Family Medicine within Memorial University's MD Graduating Class of 2024. A formal letter regarding our concern was sent to Premier Furey and Minister Osborne on March 24, 2024.

If you have any questions about the DEE position, or my role with any committees or organizations, please email me anytime engagement@nlcfp.ca. As well, if there is an organization with which you feel the NLCFP should be engaging, please let me know.

Kindest Regards,

Nicole Stockley



NLCFP Family Medicine Conference, Celebration of Family Medicine & AMM



MARK YOUR CALENDARS!

NLCFP Celebration of Family Medicine

St. John's, NL - Venue TBD
October 18, 2024 - 6:30pm

NLCFP Family Medicine Conference

MUN Faculty of Medicine - St. John's
October 19 & 20, 2024

NLCFP Annual Members Meeting

MUN Faculty of Medicine - St. John's
October 19, 2024

NLCFP "Family Docs Rock the Rock"

Saturday, October 19th - Venue TBD

Call for Abstracts!

**We are busy planning the 2024 NLCFP Family Medicine Conference to be held
October 19-20, 2024 in St. John's**

**We are putting out a call for sessions and workshops. Anyone who is
interested in presenting should submit their proposed topic
(name of session and 3 learning objectives)
to Debbie at drideout@nlcfp.ca**

DEADLINE: Friday, April 26th

**If you have any questions about the call for abstracts,
please do not hesitate to contact us.**

NLCFP Activities and Events

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Dr. Wendy Graham, NLCFP President and Dr. Nicole Stockley, NLCFP Director of External Engagement attended a **MUN Family Medicine Resident event co-hosted by the NLCFP and the Health Professional Recruitment and Retention Office**

Many thanks to those in attendance: MUN Family Medicine Residents, Family Practice Network Directors, Honourable Tom Osborne, Minister of Health & Community Services, Dr. Megan Hayes, Assisted Deputy Minister, Health Professional Recruitment and Retention, Municipalities NL, MUN Family Medicine, NLHS Recruiters, etc.



The **NLCFP** hosted the **Advances in Labour and Risk Management Workshop (ALARM)** through SRPC's National Advanced Skills and Training Program for Rural Practice

Special thanks to facilitators: Dr. Norah Duggan, Course Director, Dr. Monica Kidd and Clare Bessell, NL Provincial Perinatal Program



The **NLCFP** hosted a **"Friday's with Family" suturing workshop for medical students**

A BIG thanks to Dr. Lisa Burke, Dr. Jessica Bishop, Dr. Scott Moffatt, Dr. Ryan Murray and Dr. Adam McGuire for teaching this workshop.





Dr. Shelley Sullivan
Honorary Treasurer & Awards Committee Chair
NLCFP

Dear NL College Members:

If you know of someone who meets the requirements for the awards below, please take the time to complete the short nomination form and forward to Debbie Rideout, Administrator, NLCFP at drideout@nlcfp.ca. Please visit the NL Chapter website for more information on these awards, including the nomination forms. <https://nl.cfpc.ca/awards>

Family Physician of the Year 2024

The Family Physician of the Year awards, named in honour of Dr Reg L. Perkin, CFPC Executive Director from 1985 to 1996, recognize outstanding CFPC family physician members who exemplify the best of what being a family doctor is all about, including exceptional care of patients combined with a significant contribution to the health and well being of communities.

Deadline for nominations: April 21, 2024

Awards of Excellence

The Awards of Excellence recognize CFPC members who, in the past 12 to 24 months, have made an outstanding contribution in a specific area pertaining to one or more of the following: patient care, community service, hospital or health care institutions, College activities (National or Chapter), teaching, research, or other elements of the academic discipline of family medicine.

Deadline for nominations: May 1, 2024

The Mohamed Ravalia IMG Award

This award recognizes excellence in an International Medical Graduate physician who has committed themselves to becoming a respected member and leader of their local and medical community, by upholding the College of Family Physicians of Canada principles of Family Medicine.

Deadline for nominations: June 1, 2024

My Newfoundland and Labrador Family Doctor Award

This award celebrates the unique patient-doctor relationship by providing the people of Newfoundland and Labrador with the opportunity to recognize and honor their family doctor.

Deadline for nominations: June 1, 2024

****NEW** NLCFP First Five Years in Family Practice Award**

This award is designed to recognize an exceptional family physician in the early stage of their career.

Deadline for nominations: June 1, 2024

NLCFP Family Medicine Resident Award

This award recognizes a MUN Family Medicine Resident who stands out above other residents. See website for further criteria.

Deadline for nominations: June 1, 2024