



NL College of Family Physicians Family Medicine Conference

Humber Valley Resort October 23-25, 2026



NLCFP Family Medicine Conference

October 23 - 25, Eagle's Perch, Humber Valley Resort

(Please note the Conference will be held at Humber Valley Resort with the exception of our Saturday evening event, which will be held at Marble Mountain Ski Lodge, Steady Brook)

Celebration of Family Medicine

Eagle's Perch, Humber Valley Resort

Friday, October 23 - Cocktails 6:30pm, Dinner 7:00pm

Family Docs Rock the Rock

Join us for some inspiring storytelling & karaoke

Marble Mountain Ski Lodge

Music, Food & Friends

Saturday, October 24 - 6:00pm - 11:30pm

NL College of Family Physicians - Annual Members Meeting

Eagle's Perch, Humber Valley Resort

Sunday, October 25 - 8:45am - 9:45pm



Celebration of Family Medicine

Friday, October 23, 2026

Eagle's Perch, Humber Valley Resort

Special Guest: Premier Tony Wakeham

Cocktails - 6:30PM

Dinner and Presentations - 7:00PM

Cash Bar

(Business Casual)

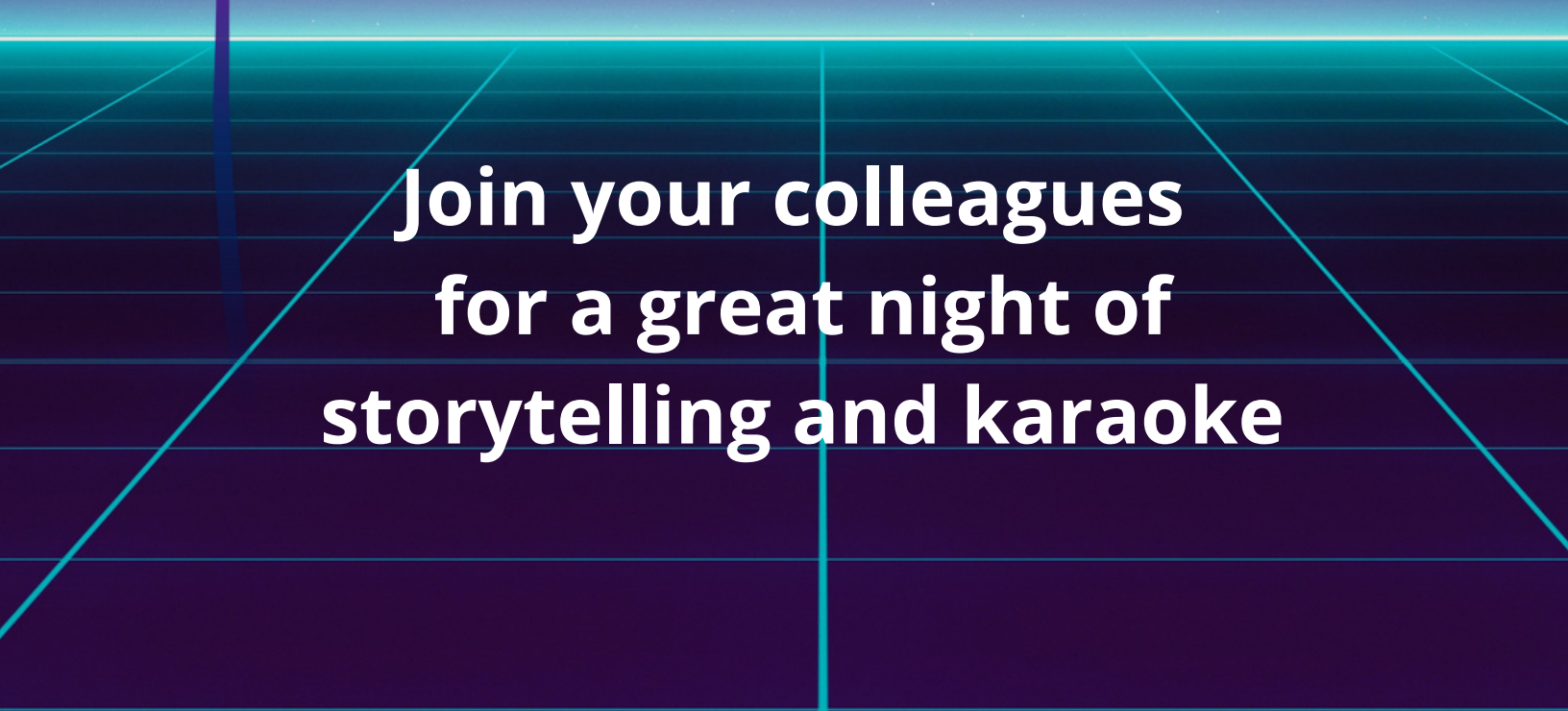
TIME	SESSION	FACILITATOR
7:45 - 8:30am	Registration & Continental Breakfast	
8:30 - 8:40am	Welcome, Introduction & Land Acknowledgement	Dr. Elhamy Samak, NLCFP President Dr. Jackie Elliott, NLCFP Member at Large & Chair - NLCFP CPD Committee
8:40 - 9:00am	Greetings from National CFPC	Dr. Michael Allan, CFPC Executive Director & CEO Dr. Sarah Cook, CFPC President
9:00-10:00am	Continuity, Curiosity, and Commitment: The Future of Family Medicine	Senator Mohamed-Iqbal Ravalia
10:00-11:00am	Approach to Paediatric ADHD Diagnosis and Management for the Family Physicians	Dr. Kevin Mitchell Paediatrician, Corner Brook
11:00-11:30am	Nutrition Break	
11:30-12:30pm	Primary Care Teams that REALLY Work	Dr. Noah Ivers Professor, Department of Family & Community Medicine, University of Toronto
12:30-1:15pm	LUNCH	
1:15-2:15pm	Empowered decisions: Navigating the menopause transition and the benefits of HRT	Dr. Katy Smallwood OB-GYN, Corner Brook
2:15-3:15pm	Approach to Chronic Pain in Family Medicine	Dr. Erica Stone Anesthesiologist, Corner Brook
3:15-3:30pm	Stretch Break	
3:30-4:30pm	Respirology Potpourri - A Little Bit of Everything	Dr. Aiden Brazil Respirologist, Corner Brook
4:30-5:30pm	Engagement Session Newfoundland and Labrador Medical Association	Dr. David Metcafe, President, NLMA Glenda Nash, Executive Director, NLMA Dr. Shanda Slipp, Chair, NLCFP Director of External Engagement

The top corners of the poster are decorated with various geometric shapes, including triangles and lines, in shades of purple, pink, and teal. The background is a dark purple gradient with a subtle starry pattern.

Family Does Rock the Rock

Two stylized palm trees are positioned on the left and right sides of the poster, rendered in a light purple color. The background is a dark purple gradient with a subtle starry pattern.

*IT'S NACHO AND WING NIGHT AT
MARBLE MOUNTAIN SKI LODGE
SATURDAY, OCTOBER 24, 2026
6:00PM - 11:30PM
MUSIC, FOOD AND FRIENDS!*

The bottom half of the poster features a grid pattern of light purple lines on a dark purple background, creating a perspective effect that recedes into the distance.

**Join your colleagues
for a great night of
storytelling and karaoke**

TIME	SESSION	FACILITATOR
7:45-8:45am	Continental Breakfast	
8:45-9:45am	Concurrent Session: Annual Meeting of Members (NLCFP Members) Joint Injections 101: Knowing the Basics for Your Family Medicine Rotation (Medical Students & FM Residents Only)	Eagle's Perch Dr. Brian Madison Orthopaedic Surgeon, Corner Brook
9:45-10:00am	Welcome & Introduction	Dr. Elhamy Samak, NLCFP President Dr. Jackie Elliott, NLCFP Member at Large & Chair - NLCFP CPD Committee
10:00-11:00am	Hospitalist Medicine	Dr. Mark Smallwood Family Physician, Corner Brook
11:00-12:00pm	When Two Worlds Collide: Mental Illness and Substance Use Disorders	Dr. Emily Bolt Psychiatrist, Corner Brook
12:00-1:00pm	The ENT-ire Truth: Clinical Pearls and Practical Tips from Otolaryngology - Head and Neck Surgery	Dr. Alexander Brannan ENT, Corner Brook

The NL College of Family Physicians would like to thank the Family Practice Renewal Program and the Family Practice Networks for their continued support.

Thank you!



Registration - 2026 FMC

NLCFP Member

\$460.00

Non-Member

\$575.00

Family Medicine Resident

Complimentary through NLGOV Funding

(We will require a \$100 deposit to hold your seat which will be refunded at time of registration at Humber Valley Resort)

Medical Student

Complimentary through NLGOV Funding

(We will require a \$100 deposit to hold your seat which will be refunded at time of registration at Humber Valley Resort)

Registration Includes:

Friday - Celebration of Family Medicine Event

Saturday - Family Medicine Conference, Family Docs Rock the Rock Event

Sunday - AMM, Family Medicine Conference

****One ticket for each evening event is complimentary with the purchase of your registration.**

(HST Included in all Registration Fees)

Friday Event - Celebration of Family Medicine - Extra Tickets for purchase \$100 (limited numbers)

Saturday Event - Family Docs Rock the Rock - Extra Tickets for purchase - \$60 (limited numbers)

Questions?

Debbie Rideout

Administrator

NL College of Family Physicians

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C: 709-728-5268

Accommodation information

If you wish to stay at Marble Mountain, we have a block of rooms reserved at Marble Villa for the NLCFP Family Medicine Conference.

(Marble Villa is a one minute walk from Marble Mountain Ski Lodge and a 10 minute drive to Humber Valley Resort)

Marble Villa Accommodations

Email: stay@skimarble.com

C: 709-630-0019

If you wish to stay at Humber Valley Resort, please contact the following for information on chalet / condo rentals on the Resort:

Stay Here NL

info@stayherenl.ca

Office: 709-660-2822